



SPORTS and **ACTIVITIES**

Term

by

Term

William Colenso College Sports



Summer Sports

Feb - April

Touch Rugby
Volleyball
Tennis
Softball
Waka Ama
Athletics

Winter Sports

April - August

Rugby
Netball
Basketball
Football
Badminton
Table Tennis
Cross Country
Hockey
Te Vaka Maia

Summer Sports

October - December

Touch Rugby
Volleyball
Softball
Waka Ama

Athletics

Term 1, February - April

A fun full school event where students dress in house colours and participate for points.

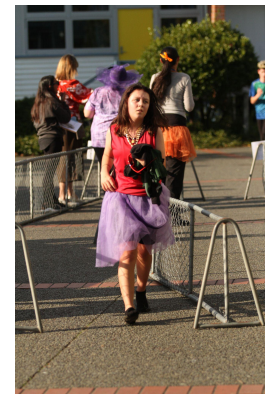


Cross Country

Term 3

July - October

Cross country is a full school event where students dress in their house colours and run/walk 3.2km. Students win spot prizes as well as points for their house.



Te Vaka Māia Leadership Programme



For 8 weeks in Term 3 (July - October), students can sign up to Te Vaka Maia. This involves arriving at school at 6am for 3 mornings a week to get fit through exercising, running and swimming for an hour. Students then share a breakfast before starting their school day.

The programme culminates in a 32 kilometre run carrying tyres and logs. It is truly a programme of perseverance and teamwork.

